

7 Habits for Moslem: More Than Just Highly Effective People

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There are about 77 habits for Moslem, according to Imam al Baihaqi.

Here is a list of several Moslem habits that would satisfy our hearth and increase our iman.

And if we truly understood the happiness these actions bring in this life and the next, we would spend our life in dedication to these deeds:

Abu Hurayrah radi Allahu anhu said, "My khaleel, Allah's Messenger sal Allahu alayhi wa sallam advised me to do three things (1) That I fast 3 days of each month and (2) To pray 2 rakaat of Duha and (3) That I do my witr before sleeping" (Bukhari and Muslim).

1. The first habit is fasting or shoum or danjiki (Japanese)
2. Praying Dhuha and witr, also praying other nafilah/rawatib
3. Reading Qur'an even only one ayyah.
4. Spreading salaam,
5. Making sholawat to Rosulullah S.A.W.
6. Dzikrullah every time, anywhere, any situation by our tongue or lissan
7. Hate and disagree with the bad deeds/maksyiat.

The most difficult, probably is number 1, and the easiest one is number 7. However, to make it as habit, try from the easiest one first, and then increase to the more difficult/hard.

May Allah give us hidayah to do good habits and avoid bad deeds.